

# COSTUME SOCIETY OF AMERICA

## Guatemala and Honduras Costume and Cultural Awareness Study Tour May 15-27, 2018

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**Tour partner:** Maya World Tours

**Price and payment information:** Based on 22 participants, land package \$1,995 USD. Required senior (age 71-85 years) medical liability insurance \$60 USD. Single hotel room supplement \$427 USD. To secure your reservation for the study tour, please send your deposit of \$1,000 USD per person by Monday, October 16, 2017 to: Guatemala/Honduras Study Tour, Costume Society of America, P.O. Box 852, Columbus, GA 31902-0852. If you prefer to pay by credit card, visit our website:

<http://costumesocietyamerica.com/resources/study-tours/>.

From there you can click on “PAY DEPOSIT ONLINE.” After logging in (if you are not a member, you can register and log in as a guest), click the “Online Store” side navigation button. Click on “Guatemala/Honduras Study Tour Deposit” and follow the shopping cart process. You may pay by credit card through our secure online system or by PayPal. When you pay online you will receive an automatic payment confirmation email that will serve as your receipt. Balance is due February 1, 2018.

**Includes:** 12 hotel nights, 12 breakfasts, 10 lunches, 8 suppers; group museum and archaeological site entrance fees, English speaking-guide, airport transfers, group in-country transportation, and basic medical liability insurance. All participants will sign a CSA Waiver of Liability.

**Not included:** Travel and meals to/from gateway city and Guatemala City, meals during free time, personal expenditures, and purchases. Air travel and trip cancellation insurance not included in the land package tour price.



## Tour highlights:

**Day 1, Tuesday, May 15**—In transit. Participants travel from their home base to Guatemala City, arriving at Aurora International Airport. Money exchange is available before reaching immigration process. Trip organizers will meet participants at the airport just outside the terminal. Transfer by Maya World Tours (MWT) bus to *Hotel Las Americas* (formerly Crowne Plaza Hotel), *Avenida Las Americas, 9-08 Zona 13*, adjacent to the airport runway. Supper on your own. Forgot to pack something? The Guatemalan Wal-Mart, *El Paiz*, is a short walk from the hotel. Air travel and today's meals are not included in the tour package. Adjust to the elevation. Enjoy your first sunset in Guatemala. Count the volcanoes!

**Day 2, Wednesday, May 16**—Guatemala City. *¡Bienvenidos!* Join group for buffet breakfast in the hotel dining room. Distribute name tags. Brief orientation by tour organizers for today's activities. City tour by MWT bus. Stop at *Parque Central* including brief visit to *La Catedral de Santiago de Guatemala*. Observe the memorial columns for victims of Guatemala's Civil War. "In the 12 columns that you encounter in this portico you may observe the names of persons and communities, victims of political violence, especially during the years 1978-1983..." Visit *Museo Miraflores* to learn about the *Kaminaljuyu* culture. Labels in Spanish and English. Observe the compass at the top of the archaeological mound with official elevation of 1,542.67 meters (5,060 feet). Lunch at *Restaurante San Martin*. Visit *Parque Arqueológico Kaminaljuyu*. Visitor Center labels in Spanish and English. Welcome supper at *Hotel Las Americas*. Introductions and orientation to tomorrow's activities.



**Day 3, Thursday, May 17**—Guatemala City. Breakfast in hotel. Travel by MWT bus to *Universidad Francisco Marroquín* campus. Morning visit to *Museo Popol Vuh* to learn about Guatemala's archaeological past and history. Labels in Spanish and English. Lunch at *Restaurante Kacao*. Full afternoon visit to *Museo Ixchel*, Guatemala's premier traditional costume (*traje*) museum. *Ixchel* is the Maya Goddess of Weaving and the Moon. Learn about the *Proteje* program. Time to

shop in the Museum Store. Supper at Plaza Fontabella. Reflections on Guatemala City. Orientation to tomorrow's activities with costume coloring worksheets. Repack for bus trip to Honduras.

**Day 4, Friday, May 18, International Museum Day**—Guatemala City to *Copán Ruinas*. Breakfast in hotel. This is a five-hour trip to the Honduran border, plus time required to pass through border checks. Lunch at *Restaurante Sarita* in *El Rancho*. Have some small bills or coins available for homemade *dulces* (sweets) from a border street vendor. Arrive at *Hotel Marina Copán* in *Copán Ruinas*. Supper in hotel and orientation to tomorrow's activities.



**Day 5, Saturday, May 19**—*Copán Ruinas*. Breakfast in hotel. All-day archaeological experience at the ruins of Copán. Karrie Porter Brace will interpret the sculptures and their costumes. Order of the day depends on rain/no rain. Labels in Spanish and English. Lunch at *Cafeteria Rosalila*. Time to shop at *Tienda Artesanía Etnica Hondureña*. Visit *Copán Ruinas*, *Parque Centro América*, and *Museo Regional de Arqueología Maya*. Supper at *Restaurante Llama del Bosque*, with *nafres* (nachos). Shopping for souvenirs at *Souvenirs Yax Kuk Mo*. Notice the *Lenca* pottery. Pack for return trip to Guatemala City.

**Day 6, Sunday, May 20**—*Copán Ruinas* to Guatemala City. Breakfast in *Hotel Marina Copán*. Return trip to Guatemala City by MWT bus. Lunch at *Restaurante Sarita* in *El Rancho*. Afternoon visit to *El Mercado de Artesanías*. Visit *Proteje* store. Supper in *El Mercado* at *Restaurante Don Emiliano Calle 13*. [www.donemiliano.com.gt](http://www.donemiliano.com.gt) The restaurant architecture features a *palapa* (thatched) roof.

Recheck into *Hotel Las Americas*, Guatemala City. Reflections on *Copán* trip. Orientation for travel to the Highlands. Handout on costume vocabulary. Repack for Highlands.

**Day 7, Monday, May 21**—Guatemala City to *Panajachel*. Breakfast in hotel. Travel by MWT bus from Guatemala City to *Panajachel* on *Lago Atitlán*. Lunch at

*Restaurante Cabaña de Don Robert.* Check into *Hotel Regis.* Time to unpack, relax, and explore *Panajachel* on your own. Supper on your own.

**Day 8, Tuesday, May 22**—*Panajachel* and environs. Breakfast in hotel. Orientation to today's activities. Group site visits around shores of lake.

**Day 9, Wednesday, May 23**—*Santiago de Atitlán.* Breakfast in hotel. Orientation to today's activities. Boat trip across *Lago Atitlán* to *Santiago de Atitlán.* Group visit with "Mayan Hands" artisans. Visit *Mercado, Iglesia Parroquial Santiago Apostol,* browse shops, lunch at *Restaurante El Pescador.* Return to *Panajachel* by boat. Supper and evening on your own. Enjoy Pana!

Pack for MWT bus trip to *Chichicastenango* and *Antigua.*



**Day 10, Thursday, May 24**—*Chichicastenango* and *Antigua.* Breakfast in hotel. Orientation to today's activities. Travel to *Chichicastenango* to visit famous *Mercado* (on your own but with a buddy or in small groups). Visit *Iglesia Santo Tomás.* Lunch at *Hotel Santo Tomás.* Travel by MWT bus to *Antigua.* Stay at *Hotel Casa Santo Domingo,* a 5 Star Hotel. Supper at *Restaurante La Fonda Real.* Reflections on the highlands. Orientation to *Antigua.*

**Day 11, Friday, May 25**—*Antigua.* Breakfast in hotel. We will spend a special day at *La Azotea Cultural Center.* The Center is located five minutes from *Antigua's Parque Central* and includes three museums:

The Coffee Museum, the Mayan Music Museum, and *Rincón de Sacatepéquez* Museum of "customs and costumes of villages around *Antigua.*"

[www.azoteaestate.com](http://www.azoteaestate.com) In addition, there is an equestrian facility and a small coffee plantation with nature trails. [www.centroazotea.com](http://www.centroazotea.com)

Supper on your own or in small groups. Repack for return to Guatemala City.

**Day 12, Saturday, May 26**—*Antigua* and Guatemala City. Breakfast in hotel. Check out but leave bags at hotel during morning activities. On your own or with small groups, visit *Museo-Tienda Casa del Tejido* (costume museum). Some labels in English. Then browse in the Public Market and/or *Mercado Artesanias*. Group leaders can offer suggestions. Lunch on your own. Return to hotel at appointed time. Travel by MWT bus to Guatemala City (usually a 50 minute trip but longer with heavy traffic). Check in at *Hotel Las Americas*. Farewell supper in hotel. Reflections on Guatemalan and Honduran experiences. Pack for next-day departures.



**Day 13, Sunday, May 27**—In transit. Breakfast in hotel. Transfer by MWT bus to Aurora International Airport for flights home. Time for last-minute souvenir and duty-free shopping at the airport. *¡Gracias! ¡Adios! ¡Bien viaje!*

**Organizers:** Vicki and Roger Berger have visited Guatemala every year since 2007. They have explored Guatemala City, the communities around *Lago Atitlán* and the Highlands, as well as the ruins of Tikal in Guatemala and Copán in Honduras. Vicki is a retired museum collections manager and costume curator and has been a member of Costume Society of America (CSA) since 1977. She is currently Southwestern Region board member and treasurer. The Bergers live in Phoenix, Arizona.

**Consultant for Copán Exploration:** Karrie Porter Brace is the Chief Exhibits Curator for the Archives and Special Collections at the Arizona State University Libraries. She has traveled extensively throughout Latin America and has done ethnographic and archaeological fieldwork in Mexico, Belize, Guatemala, and Honduras. She specializes in ancient and contemporary Maya art and artifacts. Her Master's thesis is a sociopolitical analysis of changing ritual through the examination of sculpted regalia, titled *Who Wore What, When, Where and Why: A Costume Analysis of Copán Classic Period Sculpture*.



*Lago Atitlán*

Photographs by Vicki L. Berger

“Travel is fatal to prejudice, bigotry, and narrow-mindedness...” Mark Twain,  
Innocents Abroad